

AMY FAITH HO

EMERGENCY MEDICINE PHYSICIAN



DALLAS
WOMEN'S
FOUNDATION



AMY FAITH HO, M.D.

1 When did you know you wanted to go into your field of work? I decided to go into healthcare as a physician in high school, but I didn't choose my specialty until the last year of medical school!

2 Where's the craziest/most fun place you've conducted your work? For a few years, I flew on a helicopter as a physician that responds to "scenes" — I'd end up running crouched from a car crash into a "hot" running helicopter after performing all sorts of procedures like intubation or chest tubes on the ground just mere feet away from the crash!

3 What's one piece of leadership advice you have for young women? Don't let being a woman or being young dissuade you from what you want to do.

4 What are a few fun facts/tidbits you would want young women to know about your career? I was 115 pounds when I started as a doctor, and I realized in the chaos of somewhere like an emergency room, you have to assert yourself to make up for the physical presence difference compared to your male counterparts.